

Youth & Adult Programs

City of Omaha – Parks & Recreation

Winter 2011-2012

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Mayor – Jim Suttle

• • Visit our web page at www.cityofomaha.org/parks • •

Mission: To facilitate inclusive recreation/leisure opportunities designed to fulfill, uplift and encourage positive healthy lifestyles as well as benefit the community's quality of life.

Any individual, or groups of individuals who feel they are being discriminated against based on race, sex, national origin, age, disability, or religion in the programs or facilities of the Parks, Recreation and Public Property Department may file a complaint by contacting the Director of Parks, Recreation and Public Property Department at 444-5900 and/or the Director of the Human Relations Department at 444-5055 and/or the Personnel Director at 444-5307. The City of Omaha is committed to supporting the Americans With Disabilities Act. If you require assistance with registration or to actively participate in our programs, please call each respective phone number.

Brochure Distribution

This brochure is published four times per year during the months of May for Summer programs, August for Fall programs, November for Winter programs and February for Spring programs. All four publications are available at City Recreation facilities and Libraries. It is also available at www.cityofomaha.org/parks

Payment of Fees/ Refunds

Fees must be paid at the time of registration or in some cases prior to the first class. Checks are payable to: City of Omaha or in some cases directly to the instructor. Checks made payable to the City of Omaha are subject to a \$30 returned check fee. Refund policy varies from class to class. Participants should ask instructor about refund policy. For some classes a \$10 administrative fee will be charged if a participant withdraws from a class. An administrative fee will not be charged if the City cancels a class. All requests for refunds must be in writing and accompanied by your registration receipt.

Lock-ins

Many of our facilities are available for Lock-ins from 10 p.m. to 7 a.m. Interested groups should contact the facility supervisor. The cost is \$110 plus \$15 per hour for our staff to oversee the use of our facility.

Class Registration

Each instructor establishes their registration times and procedures. Participants should contact the instructor for information on how to register. In some cases class enrollments are limited. Patrons are served on a first-come, first served basis. All Class schedules and fees are subject to change.

Facility Rental

Are you planning a Birthday Party, Family Reunion or Reception? Maybe you are looking for a gym to use for basketball or volleyball. How about a neighborhood pool party? Many of our facilities have meeting rooms, kitchens, game rooms, etc. Our facilities are available and our staff is ready to help. Call any of our facilities TODAY and schedule your next party!!!

Show Mobile Unit Rental

The Show Mobile Unit is available for rental during the months of April through October. Rental prices vary depending of size of stage (configuration) and length of rental period. For more information call Amanda English at Florence Community Center 444-521.

Bike Trails and Skate Park

The Metro Area Trails Network consists of over 67 miles of paved, interconnected trails for walkers, bicyclists, and skaters. This trail system is connected to the City of Omaha's two skate parks located in Roberts Park at 78th & Cass Street and Seymour Smith Park at 68th and Harrison Street. Enjoy our trails and skate park but remember to show courtesy to other trail users and always wear your helmet on our bike trails. Skaters using the trails or skate park should remember to always wear their helmet, kneepads and elbow pads.

**Harry A. Koch Trap & Skeet Range
6802 Harrison Street
331-1249**

The Harry A. Koch Trap & Skeet Range is one of the finest Gun Clubs throughout the Midwest. This facility offers open shooting, leagues, tournaments and competitions, private and group lessons. All arrangements are made through the Club Manager by calling 331-1249.

Winter Hours:

Mon. thru Fri. - Noon-Dusk
Sat./Sun. - 10:00 a.m.- 5:00 p.m.

Adams Park Community Center 3230 John Creighton Blvd. 402-444-5164

Health & Fitness Programs

Adult Open Gym \$3
18 and older
Mon - Fri. 11:30 a.m.- 3:00 p.m.

Youth Open Gym Free
Mon. – Fri. 3:00 – 5:00 p.m.
Sat. 1:00 – 4:00 p.m.

Weight Room \$3 Drop-In Fee
(18 and older)
Mon. –Thurs.
7:30 a.m. – 9:00 p.m.
Fri. 7:30 a.m. – 5:00 p.m.
Sat. 1:00 – 4:00 p.m.

Rec's Kids Clubhouse Free
Age 6-15
Mon.- Thurs. 3:00-6:00 p.m.
Fri. 3:00- 5:00 p.m.
Contact Adams Park 444-5164

Gym Cards
\$15 per 10 Visits
\$25 per 20 Visits
Cards may be used for
Adult drop in basketball

Adult Thursday Night \$3 Heat Basketball
Age: 18yrs & older
On-Going 7:00 – 9:00 p.m.
For more information contact
Adams Park Community Center at
402-444-5164

Athletic Conditioning \$25
Ages 12-Adult
M/W 6:00 p.m.
8 sessions On-Going Class
For more information contact
Adams Park Community Center at
402-444-5164

Intro to Weight Training \$20
Ages 15 - Adult
Tues. - Thurs. 6:00 -7:00 p.m.
Learn the fundamentals of weight
training while having fun!

Zumba \$5 per class
Ages 6+ Sat. 1:00 p.m.
On-Going Class
Contact Tibia Brown 451-1217

Youth Box –N- Shape \$10
Ages: 6 - 17 yrs
Tues. Ages 6- 11
Thurs. Ages 12-17
5:00 p.m. On – Going Class
8 weeks
For more information contact
Adams Park Community Center at
444-5164

Tae-Judo Classes
Wed. 5:30 – 7:00 p.m.
A combination of stand up and
ground defense techniques
Call 402-505-2461 for information

Senior Programs

Safe Walk Free
Walking, Weight Lifting &
Exercise
Mon.- Fri. 7:30 – 10:30 a.m.

Senior Activity Program
Age 55+ Mon. –Fri.
7:30 a.m.- 3:00 p.m.
Bingo, Cards and Dominoes
Contact Adams Park Community
Center at 402-444-5164.

Senior Fitness Orientation
Age 55+ First Tues. of the month
10:00 a.m.
Contact Adams Park Community
Center at 402-444-5164

Education General Interest Programs

Adult Box –N- Shape \$20
12 yrs and older T/Th 6:00
p.m.
8 weeks On-Going Class
Contact Adams Park Community
Center at 402-444-5164

One-on-One Personal Training \$15 per hour session
For more information contact
Orentheian Everett at 402-444-
5164

Chess Club-Free
M/W 5:00- 6:00 p.m.
Learn the basics of Chess or just
play for fun. For more
information call 402-444-5164.

A.V. Sorensen Community Center 4808 Cass Street 402-444-5596

Gym and Weight Room

Adult Open Gym \$3
18 and older
Mon. – Fri. 12:00 – 5:00 p.m.

Youth Open Gym Free
Mon. - Fri. 3:00 – 5:00 p.m.
Unless otherwise noted

Weight Room
Drop-in fee \$3
Punch card \$25 for 20 visits
\$15 for 10 visits
Mon-Thurs. 8:30 a.m.- 8:30 p.m.
Fri. 8:30 a.m. – 5:00 p.m.
Sat. 8:30 a.m. – 12:00 p.m.

Adult Pick-up Basketball

Drop in fee \$3 per person

Mon. – Thurs. 12:00 – 3:00 p.m.
Grab your friends and play a game of hoops at AVS.

Youth Programs

Rec's Kids Clubhouse FREE

Afterschool
Mon. – Thurs. 4:00 – 6:30 p.m.

AVS offers a variety of fun activities for your child every day after school. Games, crafts, sports and more!

Art Classes

Little Picassos I

Ages 3–5
Tues. 3:00 – 4:00 p.m.
Thurs. 3:00 – 4:00 p.m.

8 week Session begins week of 1/9
\$30 Register before 12/23
\$40 Register after 12/24

Art Rocks

Ages 6–10 Mon. 4:30 – 5:30 p.m.
Wed. 4:30 – 5:30 p.m.

8 week Session begins week of 1/9
\$30 Register before 12/23
\$40 Register after 12/24

Creative Writing

Illustration Class

Ages 6 – 10
Tues. 6:00 – 7:00 p.m.
Sat. 9:00 – 10:00 a.m.

8 week session begins week of 1/3
\$30 Register before 12/23
\$40 Register after 12/24
Come and join the fun as you write and illustrate your own story book. Call AVS for more information. Class size is limited so register early.

Murals & More

Ages 10-13 Sat. 12:00 – 2:00 p.m.
8 week session begins 1/7
\$35 Register before 12/23
\$45 Register after 12/24

Art for Adults

An intro to drawing, painting, print-making and collage.
Wed. 12:00 – 2:00 p.m.
Fri. 12:00 – 2:00 p.m.
8 week session begins week of 1/4
\$30 for 8 week session

Youth Programs

Tots & Parents Gym Time

\$1 Drop in fee for adults
Thurs. 10:30 a.m. – 12:00 p.m.
Age 5 & under with parent.

Toddler Yoga \$49

Mon. 11:30 a.m.
Mon. 12:15 p.m.
Starts 1/9 for 7 weeks
Call Cynthia at 402-391-5406

Pick up Dodge Ball FREE

Ages: 6 - 16 Co-ed
Mon. 6:45 – 8:00 p.m.
Grab your friends and come to AVS for some dodge ball fun!

Munchkins on the Move \$30

Ages 3 –6 years
Tues. 2:00 –2:30 p.m.
Session starts 1/3
Fri. 1:00 –1:30 p.m.
Session starts 1/6

Pre-Ballet \$135 / 12 wks

Ages: 3 – 5
Fri. 10:00 – 10:45 a.m.
Next term begins 1/20
Free Demo class on 1/13
10:30 – 11:00 a.m.
Call Julian Adair at 402-551-4200

Little Kickers Soccer \$30

Ages 3–6 years
Wed. 2:00–2:30 p.m.
Session begins 1/5
Sign up today at A.V. Sorensen

Health & Fitness Programs

Zumba

Mon. 6:45 – 7:45 p.m.
Sat. 9:30 – 10:30 a.m.
For more information, contact Sharon Marks at 402-669-1907 or Sharon.marks63@cox.net

Pilates, Yoga, & Stability Ball Classes

8 weeks \$96
Session 1/ 3 – 2/ 26
Offered by Cynthia Gordon
402-391-5406
www.omahayogapilates.com

Pilates -Strengthen Your Core!

Tues. 6:30 p.m.
Wed. 2:00 p.m.
Thurs. 9:30 a.m.

Active Yoga – Build A Strong Body!

Thurs. 6:30 p.m.
Sat. 8:30 a.m.

Active Senior Yoga

Sat. 10:00 a.m.

Toddler Yoga \$49 /7 weeks

30 minute classes Starts 1/9
Mon. 11:30 a.m.
Mon. 12:15 p.m.

Stability Ball – Challenge Your Core!

Tues. 5:25 p.m.
Call Cynthia Gordon at 391-5406 or email at cynthgordon@cox.net

Health & Fitness Programs

Adult Jazzercise

M/T/W/F 9:15 - 10:15 a.m.

Child care available for the
above class

M/T/W/Th 5:30 – 6:30 p.m.

T/TH 4:20 - 5:20 p.m.

Sat. 8:30 – 9:30 a.m.

Sun. 8:30 – 9:30 p.m.

Contact Suki at 402-630-4546

Adult Tai Chi

2 x per week \$45

1 x per week \$30

8 wks M/W 6:00-7:00 p.m.

Contact Michele Shearer at
558-8645 to register.

**Adult Tai Chi and
Wellness**

1 x per week \$20 / 8wks

2 x per week \$35 / 8wks

Tues. 11:00 a.m.-12:00 p.m.

Fri. 11:00 a.m.-12:00 p.m.

Contact Lucretia Danielson at
402-558-8299 to register.

Adult Tap Dance \$20

Mon. 1:00 - 2:00 p.m.

Contact A.V. Sorensen at
402-444-5596 to register.

Belly Dance \$55

Wed. 7:15 - 8:15 p.m.

Contact Jennifer Kreissler at
402-598-0034 to register

NEW - Anahata Yoga Omaha

\$15/class or 12 sessions for \$122

T/Th 12:00 – 1:00 p.m.

Wed. 5:30 – 6:30 p.m.

Contact E-RYT Ruth at
402-991-7088

Women's Weight Lifting

\$35 / 8wks

T/Th 6:15 -7:15 p.m.

Contact Keith at 402-444-5596 to
register

Martial Arts

Aikido \$40 / Monthly

(Japanese Self-Defense)

Adults and Youth (5 yrs. & up)

Price Includes Both Days!

Mon. 6:00 - 8:00 p.m.

Fri. 6:00 - 8:00 p.m.

Contact Lyle at 402-578-9873 to
register. www.hinodedojo.com

Shinkendo \$40 / Monthly

(Japanese Swordsmanship)

Wed. 6:30 – 8:00 p.m.

Sat. 12:00 - 2:00 p.m.

Contact Lyle at 402-578-9873 to
register. www.hinodedojo.com

Tiny Tots Tae Kwon Do

\$25 / 8 wks

Thurs. 6:00 -6:30 p.m.

Sessions: 1/5 - 2/23

Contact Scott at 402-491-4122 to
register.

Youth Tae Kwon Do

\$35 / 8 wks Ages: 6-12

Thurs. 6:30 -7:30 p.m.

Sessions: 1/5 - 2/23 Contact Scott
at 402-491-4122 to register.

Adult Tae Kwon Do

\$35 / 8 wks

Thurs. 7:30 - 8:30 p.m.

Sessions: 1/5 - 2/23 Contact Scott
at 402-491-4122 to register.

Senior Programs

Bridge / Pinochle / Pitch

Tues. 10:00 a.m.-2:00 p.m.

Facility Rentals

A.V. Sorensen is perfect for...

* Birthday Parties

* Business Meetings

* Anniversaries

* Wedding & Baby Showers

* Family Reunions

* Sports Practices and more

\$31/hr during operational hours

\$40/hr outside operational hours

Contact A.V. Sorensen for more
information at 402-444-5596

Special Events

Santa is Coming to Town!

Thurs. 12/1 10:30 – 11:30 a.m.

Photos with Santa! Bring your
pets and kids take a picture with
Santa. Bring your own camera.

Holiday Treasure Hunt

Fri. 12/23 1:00 – 2:00 p.m.

Photos with Santa! Bring your
pets and kids take a picture with
Santa. Bring your own camera.

School's Out Camp

Cost per day \$20

Time: 9:00 a.m. – 3:00 p.m.

Dates: 12/20 – 12/23 and

12/27 – 12/30

Let your child's creative side run
free during this camps. Creative
projects and so much more.

Participants must bring a sack
lunch. Limited space register today
at AVS

Facility Hours

Mon.-Thurs. 9:00 a.m.-7:30 p.m.
 Fri. 9:00 a.m.-7:00 p.m.
 Sat. 12:00 - 3:00 p.m.

Facility Rentals

**\$31 per hour +
 \$100.00 damage deposit
 (refundable)**

Having a Party? Need space?
 Check us out!

- Baby Shower
- Wedding Shower
- Birthday Party
- Family Reunion

Questions please call
 402-444-5184

Open Gym FREE Ages: 10
 yrs – 17 yrs

**Must have current registration
 card on file**

18 yrs. & up	\$1 each visit
M/W/F	3:00 – 5:00 p.m.
T/Th	3:00 – 6:00 p.m.
Sat.	1:30 – 3:00 p.m.

Out of School Gym Hours

12/19-12/30
 Ages 12-15 3:00-4:00p.m.
 15+ 4:00-5:00p.m.
 Ages 18+ must pay \$1.00

**Health & Fitness
 Programs**

**Kendo & Laido Advanced
 The Way of the Sword
 Fee: \$20 per month**

Instructor: Steve Sasaki
 Days: M/W 5:30 – 8:00 p.m.
 Register: Steve Sasaki 968-0615
 Classes are ongoing

Fee: walk-in \$7

**Punch cards: 5 classes for \$25
 or 10 classes for \$40**

Days: T/Th 6:30 – 7:30 p.m.
 Get ready...exercise is about to get
 FUN! Ditch the workout and join
 the party with Zumba! Dance your
 way to a fitter you while learning
 exciting Latin moves and rhythms.
 You will learn basic steps for
 music such as Salsa, Merengue,
 Bachata, and Samba while
 sweating away your stress. Zumba
 is designed to be FUN and easy to
 do. Join the party!

Instructor: Karen
 For more information call
 Karen at 402-679-8235

**Health & Fitness
 Programs**

**Beginning Belly Dance
 Price: \$45 (per 6 week session)**

Ages: 16 yrs. & up
 Day: Tues.
 Time: 1:00 – 2:00 p.m.
 \$45.00 per session
 Have fun while exercising!
 Instructor: Della
 Register: Della at 658-4978
 E-mail: workshopdance@aol.com

**Capoeira Angola
 Cost: \$50 per month**

Wed. 6:00 – 7:30 p.m.
 Traditional Brazilian game
 featuring elements of martial arts,
 music and acrobatics.
 Call: Tommy at 547-8327

Tae –Judo Classes

Fri. 5:30 – 7:00 p.m.
 Sat. 12:00 - 1:30 p.m.
 Learn the ultimate martial art stand
 up and ground game
 Call 402-505-2461 for questions

Women's Aerobics Class

Tues. 6:30p.m.-7:30p.m.

Friday 5:00p.m.-6:00p.m.

Cost: \$25 per month

\$5 drop in

Call Carmen at 214-3929 for
 details

Pre-school Programs

A is For Art Pre-School

\$100 per month
 \$50 non refundable deposit
 M/W/F (ages 4 & 5)
 9:30 -11:45 a.m.
 T/Th 9:30 -11:30 a.m.
 \$70.00 per month
 State-Licensed pre-school with a
 fine art curriculum.
 Instructor: Jennifer Borelli
 Register: Call 212-2170 or visit
www.AisforArtPreschool.com
j.borelli.aisforart@gmail.com

**Open House for Preschool
 A is for Art**

12/16 6:00 - 7:30 p.m.

Open Gym for Day Cares

Cost: FREE
 Day: M/W
 11:45 a.m.-1:30 p.m.
 Come use our gym and play!
 Must have adequate supervision

Open Gym for Home School

Cost : FREE
 Day: Thurs.
 11:45 a.m.-1:45p.m.
 Must have supervision

Senior Programs

Tried of being indoors, come
 walk in the gym
Walking Time
 FREE
 Mon-Fri. 9:00 – 10:00 a.m.
 Come use the gym and get some
 exercise. Cardio Workout Indoors!
 Register: 444-5184 or e-mail
paula.hite-garcia@ci.omaha.ne.us

ZUMBA Class

Senior Programs**Bingo**

Days: Tues. 1:00-3:00 p.m.
 Register: Kathy Cox 558-3975
 Bring a snack to share with the group!

**** NEW ******Adult Art Classes**

Rosewood Environmental Art
 Classes with Charlene Potter
 Mon. 10:00-11:30 a.m.
 Tues. 1:00-2:30 p.m.
 Wed. 6:00-7:30p.m.
 Introduction to watercolor, oil painting and wire sculptures
 Oil and Watercolor Classes \$48.00
 For 6 week sessions
 Wire Sculpture \$32.00 + 10.00 material fee
 Classes starting in January
 Questions Call Charlene @ 402-933-8411

Simple Crafts for Seniors

Cost: Free 11:30 a.m.
 Bingo starts at 1:00 p.m.
 Classes 3rd Tues. of each month
 12/13, 1/17, 2/21, 3/20
 Maple Crest Senior Center and Benson Community Center come together to have some fun, come join us do crafts play cards/games!

Youth Programs**Performing Arts Classes**

Sat. 12:00 -1:30p.m.
 \$50.00 per child per 8 week session
 Creative Movement/Creative Drama. Learn the basics of ballet, contemporary dance, drama, acting and theater! Very affordable
 Call 556-6975 for details or peartreepperformarts@gmail.com

Little Tot's Craft Time

Cost: Free
 Ages: 3-7 yrs
 Tues. 6:00 - 6:45 p.m.
 Register by 1/5 (Classes begin 1/10) Crafts & Games
 Call 444-5184

Rec's Kids Clubhouse

Mon. - Fri. 3:30 - 5:00 p.m.
 Activities for Youth after school, must have a current registration card on file.

Out of School Times for Rec's

12/19 – 12/23 & 12/26 – 12/30
 12:30-4:30 p.m.
 Special activities planned each day
 Must have current registration and photo ID on file. Games, Crafts and gym activities

Special Events**Senior Potluck**

Tues. 2/14 11:45 a.m.
 Play some games, laugh and eat!
 Bring a dish to share and stay for a fun game of Bingo at 1:00 p.m.

Facility Hours

Mon.-Thurs. 9:00 a.m.-9:00 p.m.
 Fri. 9:00 a.m.-5:00 p.m.
 Sat. 9:00 a.m.-4:00 p.m.
 Sun. Closed

Facility Rentals**Gym Rental**

Open Hours \$31
After Hours \$46
 Full size gymnasium with six hoops, ½ court capability, and two volleyball courts. Call 402-444-5972 for availability.

Lounge Rental

Open Hours \$31
After Hours \$46
Security/Damage Deposit \$100 (Refundable)
 Maximum Capacity: 106
 Available for Bridal Showers, Baby Showers, Wedding Receptions, Family Reunions, and your event!
 Includes: Kitchen, Gas Fireplace, Beer/Wine/Champagne permit \$100 (non-refundable).
 (4 week advance notice required)

Health & Fitness**Programs**

Lil Guys \$1 for adults
 Ages: 2-6 M/W
 9:00-11:00 a.m.
 Adult MUST stay. Inside tennis shoes required for all. (Times subject to change feel free to call ahead)

Health & Fitness Programs

Open Gym Youth/Teen **

Ages: 6-17 **FREE**
 Mon. 3:00 – 4:00 p.m.
 Wed. 3:00 - 6:00 p.m.
 Fri. 3:00 – 5:00 p.m.
 Sat. 1:00 – 4:00 p.m.

** Times subject to change
 Registration cards required plus current High School ID for all high school students. Parent must complete and sign registration cards for all children 14 & under and bring in a picture of their child. Inside tennis shoes required.

Adult Open Gym \$3

18 years and older
 M/W/F 11:30 a.m - 2:30 p.m.
 You must have a current registration card and picture ID on file. Inside tennis shoes required.

NEW- Home School Open Gym-Free for Youth

Supervising adult 18+ \$3

T/Th 9:00-11:00 a.m.
 Come get together with your friends and play a game of dodge ball, basketball, kickball. You organize the activity and we provide the place and equipment! What are you waiting for!

Open Game Room \$1 deposit required for equipment & board games

Mon. - Fri. 9:00 a.m.- 5:00 p.m.
 Sat. 9:00 a.m.- 4:00 p.m.
 Camelot offers 2 Pool Tables, 1 Foosball Table,
 Ping Pong and Air Hockey. A large variety of board games are available as well.

NEW-Kids Yoga \$72

Mon. 4:15- 4:45 p.m.
 8 week session starts 1/9
 Call Cynthia Gordon at 402-391-5406

Traditional Chinese Kung Fu \$45 per month

T/W 6:30 p.m.
 For adults and children
 Private classes also available
 Contact Brian at quanfa79@aol.com

Youth Tae Kwon Do

(Offered by the Kicking Tigers)
Monthly fee: \$40 once per week

Sat. 10:00 –11:00 a.m.
 Contact Wes Hall at 596-1051 to register or with any questions.

Pilates 8 weeks for \$96

Mon. 5:30 - 6:30 p.m.
 Dates: 1/9-2/27

Fri. 10:00 -11:00 a.m.
 Dates 1/6-1/24

Contact Cynthia Gordon at 391-5406 with any questions or to register.
Omahayogapilates.com

Zumba

Wed. 6:30 - 7:30 p.m.
 Latin-inspired, easy-to-follow, calorie-burning, dance fitness-party. Call Sharon Marks at 402-669-1907 for more information.

Beginning Fencing \$45/ 8 weeks

(Offered by Omaha Fencing Club)
 Ages: 10 and up Sat.
 Beginners: 11:00 a.m. – 12:00 p.m.
 Advanced Beginners 12:00 - 1:00 p.m.
 No previous experience required; all equipment provided. To register, contact Sara Pitz at sara@omahafencingclub.org

Yoga

Sun. 1:30-3:00 p.m.
 Yoga for Runners Workshop

Tues. 5:30 - 6:30 p.m.
 Vinyasa - Level II

6:45 - 7:45 p.m.
 Vinyasa - All Levels

Wed. 9:30-10:30 a.m.
 Vinyasa - All Levels

10:30-11:30 a.m.
 NEW - Prenatal Yoga

Thurs.
 9:00 -10:00 a.m. - Yin Flow

10:15-11:15a.m. - Senior Yoga workshop

5:30 - 7:00 p.m. - Yoga for Runners workshop

7:15 - 8:15 p.m.
 Vinyasa - Level I

Sat.
 9:30 - 10:30 a.m. Vinyasa - Flow

Contact Mandy Rauch at 871-6412 or email Mandy at mandy@yoga-omaha.com to register or with any questions.

Senior Exercise

Tai Chi - Mon.

10:15 -11:15 a.m. Call Bev at 402-758-1350 for more information

Walking Club - M/F 11:00 - 11:30 a.m Call Beverly at 402-758-1350

Chair Aerobics

Wed. 10:30 -11:00 a.m.

Nintendo Wii

T/Th 10:30 -11:00 a.m.

Heath Clinic

Wed. 9:45 a.m.
 Please call 392-1818 for an appointment. Dates and times are subject to change.

Senior Programs

Call 402-444-3091 for more info

**Camelot Friendship Center
\$3 donation requested for
lunch**

Mon. - Fri. 9:30 a.m.-3:00 p.m.
Card games, bingo, parties
and trips. Call ahead for lunch
on day prior to visit. Lunch
served daily at 11:30 a.m.

Bingo

M/Th Starting at 12:15 p.m.

Pitch

Wed. starting at 12:15 p.m.

Pinocle Tournament

Tues. starting at 12:15 p.m.

Senior Arts & Crafts

Fri. at 12:15 p.m.

Donations welcome. Small and
Easy to do!

Camelot Chess Club - FREE

No age limit Fri. 12:00 -4:00 p.m.

Learn to play or improve your
game. Contact Roger Anderson at
572-0946 with any questions,
drop-ins welcome!

55 Plus Club1st & 3rd Wed. of each month.

Meets from 7:00 - 9:00 p.m.

Games, Trips, and Supper

Meetings! Come meet some fun

Seniors and have a great time!

Contact Kathy Hayes at

402-393-3775 with any questions.

Rec's Kids ClubhouseMon.- Fri. 3:30 - 5:00p.m. **Free**

fun filled activities such as crafts,
games, and sports. Must have a
registration card and picture on file
to stay.

Special Events**School's Out - Recreation
Bash!****Pre-Registered: \$12**

1/16 9:00 a.m. - 4:00 p.m.

2/20 9:00 a.m. - 4:00 p.m.

Games, contests, arts & crafts,
and fun! Bring your friends!

Don't forget to bring your sack
lunch, food is not provided.

*Must register one week in**advance no drop in accepted.*

Must have a minimum of 10 kids

**Winter Break Family Open
Gym/Game Room:****6years to 18 free, Adults \$3**

High school must have current
high school ID or **Pay \$3**

12/19 - 12/23 & 12/27 - 12/30

Open gym and game room 9:00-
11:00 a.m.

Come have fun with your friends
and family.

Current registration cards and
ID/picture required

Arts and Crafts**NEW-Parent and Tot Craft****Time \$2** Starting 1/13

Mon. 10:30-11:00 a.m.

Come have fun with your toddler

and make some memorable crafts.

Call 444-5972 to register.

Adair Dance Academy

Classes run from 9/19/11 - 5/2012

To enroll or for more information

call Adair Dance Academy at

551-4200, email at

Adairdance@gmail.com

Or visit the web site at:

www.Adairdance.com

Tuition for classes held at Camelot

include recital fees and costumes.

Schedule subject to change.

**Pre- Ballet Classes - Eight
installments of \$39.38**

Ages 3-5

Mon. 4:30 - 5:15 p.m.

Tues. 5:15 - 6:00 p.m.

Sat. 9:00 - 9:45 a.m.

Suggested attire: Leotards or
comfortable clothing, bare feet.

**Primary - Eight
installments of \$47.25**

Approx. ages 5-7

Mon. 4:30 - 5:30 p.m.

Wed. 6:15 - 7:15 p.m.

Thurs. 5:30 - 6:30 p.m.

Sat. 11:15 a.m.-12:15 p.m.

Primary builds on Pre-Ballet skills
with introduction to tap.

**Grade I - Eight installments
of \$48.56**

Approx. ages 7 -10

Mon. 5:15 - 6:15 p.m.

Wed. 7:15 - 8:15 p.m.

Sat. 9:15 - 10:15 a.m.

Grade I builds on primary skills

**Grade II - Eight installments
of \$92.15**

Approximate ages 9 - 12

Tues. 5:15 - 6:30 p.m.

Ballet/Modern

Thurs. 4:45 - 6:00 p.m. Ballet/Tap

Sat. 10:30 - 11:45 a.m. Ballet/Tap

Grade II builds on skills learned in
previous levels, with an

introduction to modern dance.

Two classes per week are required.

**Grade III - Eight installments
of \$99.23**

Approximate ages 11-13

Mon. 5:30 - 7:15 p.m.

Ballet/Modern

Tues. 6:00 - 7:30 p.m. Ballet/Tap

Wed. 4:45 - 6:15 p.m.

Ballet/Modern

Sat. 9:15 - 11:15 a.m. Ballet/Tap

Grade III dancers study ballet, tap,
modern.

Two classes per week are required.

Adair Dance Academy**Grade IV - Eight installments of \$101.25**

Approximate age 12+
 Mon. 7:15 - 8:45 p.m.

Ballet/Modern

Tues. 6:30 - 8:30 p.m. Ballet/Tap

Wed. 6:15 - 7:45 p.m.

Conditioning

Thurs. 6:30 - 8:00 p.m.

Ballet/Pointe

Sat. 11:45 a.m.- 1:15 p.m.

Ballet/Modern

Dancers are placed according to skill level. Grade IV Classes are for the intermediate to advance level dancers.

Two or more classes per week are required.

Grade V - Eight installments of \$103.27; \$126/month for 2 classes weekly. Each additional class \$52/month; Unlimited \$235/month

Approximate ages 14+

Mon. 6:15 - 9:00 p.m.

Modern/Ballet

Wed. 6:15 - 7:45 p.m.

Conditioning

Thurs. 6:00 - 9:00 p.m. Ballet/Tap

Sat. 11:45 a.m.-1:15 p.m.

Ballet/Modern

Grade V is for the experienced, advanced dancer.

Two or more classes per week are required.

Christie Heights Community Center**5105 So. 37th Street****402-444-5081****Facility Hours**

Mon. – Fri. 9:00 a.m.–5:00 p.m.
 Evenings, Sat.& Sun. available for rentals. Up to date information:
www.cityofomaha.org/parks

Rec's Kid's Clubhouse!**Free!**

Ages 6-12

Mon. – Fri. 3:00-5:00 p.m.

Supervised youth program. Special events, crafts, fun!!! Call 402-444-5081. The program runs all year round!

Women's Aerobic Group

M/Th 9:00-11:00 a.m.

Contact Gabriela Ortiz at 402-444-3535.

Daycare included for kids.

Gym Rentals:

Cost: \$31/hour

- Youth soccer practice/games
- Basketball
- Family Gatherings
- Birthday Parties

Please call 402- 444-5081

Hall Rentals:

Cost: \$31/hour

- Birthday Parties
- Receptions
- Graduation Parties
- Family Gatherings

Beer/Wine/Champagne permit can be purchased for \$100. \$100 (Refundable) Damage Deposit is required. Please call 402- 444-5081

Senior Center Programs**Quilting**

9:00 a.m. - 2:30 p.m.

2nd, 3rd, 4th, & 5th Mon. each month

Bingo

12:30 - 3:30 p.m.

2nd and 4th Thurs. of the month

Crafts

Fri. 9:00-11:30 a.m.

Get Acquainted Cards

Fri. 12:00-3:00 p.m.

Visiting Nurse

M/Th 9:30-11:30 a.m.

(Closed on Federal Holidays)

Call 402-392-1818 for an appointment. Services are for persons 60 years and over. Minor services are performed such as blood pressure checks, heart rate checked, weight and lungs are monitored. All of these services for \$1 per visit.

Senior Gym Walking

T/W/F 9:00 -11:00 a.m.

Columbus Park Community Center**1515 South 24th Street****402-444-4111****Facility Hours**

Mon.-Thurs. 8:00 a.m.-8:00 p.m.

Fri. 8:00 a.m.-5:00 p.m.

Sat. & Sun. available for rentals

Health /Fitness Programs**Fitness Center \$3**

Minimum age: 18, unless with a parent

Mon. – Thurs. 8:00 a.m.-8:00 p.m.

Fri. 8:00 a.m.-5:00 p.m.

Youth Open Gym

Free

High school age & under

M/W/Th 3:00 – 6:00 p.m.

T/F 3:00 – 5:00 p.m.

Columbus Park Community Center 1515 South 24th Street 402-444-4111

Health & Fitness Programs

Health Walk Free
M/W/F 8:00 – 10:00 a.m

Adult Basketball Leagues
17 & Over Wed. 6:00 p.m.

Adult Open Gym \$3
18 & Over
Mon. 8:00 a.m. – 3:00 p.m.
T/W/Th 8:00 a.m. – 6:00 p.m.
Fri. 8:00 a.m. – 5:00 p.m.

Zumba Fitness
Please call about times. Surrender yourself to the hypnotic Latin rhythms that will burn calories, tone your body and maintain a healthy heart. Call (402) 444-4111

See Jane Get fit
M/T/Th/F 5:30 – 6:30 a.m.
Adults
See Jane get fit is a results-driven exercise boot camp program for women. The results are leaner, stronger, healthier and more flexible bodies. For more information checkout our website: www.seejanegetfit.com OR
CALL: (402) 561-0886

Room Rentals

- Birthday Parties
- Business Meetings
- Family Gatherings

Gym Rentals

- Basketball Practices
- Soccer Practices
- Volleyball Practice
- Tournaments

Please Call 444-4111

To Book Your Event

Common Ground Community Center 1701 Veterans Drive 402-289-0451

**2012 WINTER
LEARN TO SWIM SCHEDULE
402-289-0451**

Cost:
Members \$40
Non-Members \$55
**Registration for members begins
January 2nd**
**Registration for Non-members
begins January 9th.**

**Adult Infant/Tot-Level 1 (Min 4 /
Max 8)**
Eight week session
Saturdays 1/14- 3/31
No class on 2/4 or 3/24
9:35 a.m. – 10:05 a.m. **Code
100**
Sundays 1/15 -3/4
5:05 p.m.- 5:35 p.m. **Code 101**

Preschool-Level 2
8 week session (Min 4 /6 Max)
Saturdays 1/14- 3/31
No class on 2/4 or 3/24
9:00 a.m. - 9:30 a.m. **Code 102**
Saturdays 1/14- 3/31
No class on 2/4 or 3/24
10:10 a.m. – 10:40 a.m. **Code 103**

Preschool-Level 2 (cont.)
8 week session (Min 4 /6 Max)
Saturdays 1/14- 3/31
No class on 2/4 or 3/24
10:55 am-11:25 a.m. **Code 104**
Sundays 1/15 -3/4
4:30 p.m. – 5:00 p.m. **Code 105**
Sundays 1/15 -3/4
5:40 p.m. – 6:10 p.m. **Code 106**

Level One
8 week session (Min 4 /6 Max)
Saturdays 1/14- 3/31
No class on 2/4 or 3/24
9:00 a.m. - 9:45 a.m. **Code 107**
Saturdays 1/14- 3/31
No class on 2/4 or 3/24
10:40 a.m. – 11:25 a.m **Code 108**
Sundays 1/15 -3/4
4:30 p.m. - 5:15 p.m. **Code 109**

Level Two
8 week session (Min 4 /6 Max)
Saturdays 1/14- 3/31
No class on 2/4 or 3/24
9:50 a.m. – 10:35 a.m. **Code 110**
Saturdays 1/14- 3/31
No class on 2/4 or 3/24
9:50 a.m. – 10:35 a.m. **Code 111**
Saturdays 1/14- 3/31
No class on 2/4 or 3/24

10:40 a.m.-11:25 a.m. **Code 112**
Sundays 1/15 -3/4
4:30 p.m. – 5:15 p.m. **Code 113**
Sundays 1/15 -3/4
5:20 p.m. – 6:05 p.m. **Code 114**
Sundays 1/15 -3/4
6:10 p.m. – 6:55 p.m. **Code 115**

Level Three
8 week session (Min 4 /6 Max)
Saturdays 1/14- 3/31
No class on 2/4 or 3/24
9:00 a.m. – 9:45 a.m. **Code 116**
Saturdays 1/14- 3/31
No class on 2/4 or 3/24
10:40 a.m.-11:25 a.m. **Code 117**
Sundays 1/15 -3/4
4:30 p.m. – 5:15 p.m. **Code 118**
Sundays 1/15 -3/4
5:20 p.m. – 6:05 p.m. **Code 119**

Level Four
8 week session (Min 4 /6 Max)
Saturdays 1/14- 3/31
No class on 2/4 or 3/24
9:50 a.m. – 10:35 a.m. **Code 120**
Sundays 1/15 -3/4
5:20 p.m. – 6:05 p.m. **Code 121**
Sundays 1/15 -3/4
6:10 p.m. – 6:55 p.m. **Code 122**

LEARN TO SWIM SCHEDULE

(continued)

Level Five/Six

8 week session (Min 4 / 6 Max)

Saturdays 1/14- 3/31

No class on 2/4 or 3/24

9:00 a.m. – 9:45 a.m. **Code 123**

Sundays 1/15 -3/4

6:10 p.m. – 6:55 p.m. **Code 124**

Special Events

COMMON GROUND ANNUAL OPEN HOUSE

Sat 1/7/2012

Free to the public from 7:00 a.m.- 8:00 p.m. Special activities, refreshments and more!!

Open House Specials

No activation fee for new members that sign-up the weekend of January 6th-8th. Members renewing in January get one month free. Frequent Visitor and Childwatch punch cards 1/2 price 1/6-1/8

New Membership Rates Effective 1/1/2012

This includes monthly, paid in full and corporate membership rates (Charter membership rates will remain the same). See the Welcome Desk for a 2012 rate sheet or go to www.cityofomaha.org/parks for more details

Snowball Showdown

Pre-Register

Member \$2 Non-Member \$4

Day of the Event

Member \$4 Non-Member \$6

Mon. 1/9/12 1:00-2:00 p.m.

Code: 125

Come test your snowball slinging skills. Real snow in the pool! All kids 12 and under are invited to this awesome event! Prizes will be given away for top scorers! Don't miss this one of a kind event!

Dodgeball Tournament (FREE)

Ages 6-13

Thurs. 2/16/12 1:00-4:00 p.m.

Enjoy your day off from school.

Gather your friends together, form a team and come to Common Ground for an afternoon of fun in a dodgeball tournament.

Beach Party Blowout Ages: 5-12

Fri. 2/17/12 1:00-3:00 p.m.

Code: 126

Pre-Register

Member: \$2.00 Non-Member: \$4.00

Day of the Event

Member: \$4.00 Non-Member: \$6.00

Come and enjoy two hours at the beach during the cold winter months. There will fun activities in the pool and on the pool deck. Break out your sandals and sunglasses for a warm time in the winter time.

Itty Bitty Indoor Soccer - Co-Ed (ages 3-4)

Cost: Members- \$20 Non-members- \$30

A great way to introduce your child to the sport of soccer. They will learn basic skills such as dribbling, trapping, shooting, goal keeping and the basic rules of soccer.

Min: 6 Max: 10

Tues. 1/17-2/21

9:00 a.m.-9:45 a.m. Code: 127

Itty Bitty Basketball - Co-Ed

(ages 3-4)

Cost: Members- \$20

Non-Members-\$30

Min: 10Max: 20

Wed.: 1/18-2/22 Code 128

9:00 a.m.-9:45 a.m.

Children rotate through skill building stations such as dribbling, passing and shooting. A game will be played during the final week. Guardians will be asked to be station leaders

Childwatch Activities

Kids Day out! Ages 3 - 12

Member \$8

Non-Members \$12

\$2 discount of registered up to 1 week prior

12/9: 5:00-8:00pm Code: 430

12/15: 1:00-4:00pm Code: 431

Need to finish your Holiday shopping? Drop off the kids for some games, crafts, and lots of fun!

January

Snowball Party!

Free with paid childwatch

admission Mon. 1/2 9:00 a.m.

Come enjoy a fun day of snowball activities with a snowball challenge, craft and games.

Bake off the Chill!

Free with paid childwatch

admission Tues. 1/31 9:00 a.m.

Come in from the cold and enjoy baking cookies and make some fun crafts.

February

Hearts and Crafts Party

Free with paid childwatch

admission Mon. 2/13 9:00 a.m.

Nothing says I LOVE YOU like a gift from the heart. Your child will be able to create a personal valentine.

Childwatch Activities

Continued

Kids Night Out!

Members \$8 Non-Members \$12

Fri. 2/10 5:00-8:00 p.m.

Code: 129

\$2 Discount if registered one week prior

March

Dr. Seuss celebration!

Free with paid childwatch

admission Fri. 3/2 9:00 a.m.

Celebrate Dr. Seuss day! We will spend the day with Dr. Seuss books and activities.

Luck of the Irish party!

Free with paid childwatch

admission Fri. 3/16 9:00 a.m.

It's our lucky day! Come help us find the shamrocks. We will have a fun scavenger hunt, Irish music and fun games.

Common Ground Boot Camp

Boot Camp is a comprehensive physical conditioning program with the camaraderie and motivation of working in a group. We do fitness the old-fashioned way with sit-ups, push-ups, pull-ups, running and a whole lot of sweat.

Special Holiday Session

12/12-1/6

M/W/F -5:15 a.m.

Member cost: \$52

Non-Member: \$110 Code: 443

T/Th -5:15 a.m.

Member cost: \$42

Non-Member: \$100 Code: 445

M/W/F -8:30 a.m.

Member cost: \$52

Non-Member: \$110 Code: 444

Early Winter Schedule

1/9-2/17

Session 1: M/W/F -5:15 a.m.

Member cost: \$52

Non-Member: \$110 Code

Session 2: T/Th -5:15 a.m.

Member cost: \$42

Non-Member: \$100 Code: 130

Session 3: M/W/F -9:15 a.m.

Member cost: \$52

Non-Member: \$110 Code: 131

Session 4: T/Th -5:00 p.m.

Member cost: \$42.00

Non-Member: \$100 Code: 132

Min: 10Max.: 25

Dance Classes

Beginning Line Dance

Tues. 6:00 – 7:00 p.m.

Basic beginners line dance for all ages dress in comfortable clothes.

Line 7:00 – 8:00 p.m.

New Line Dances and Standards from the past shown slowly and builds up to a workout.

Couples 8:00 – 9:00 p.m.

Many of the dances can be done without a partner including Line and Circle Dances. Contact: Rob Tiedgen

CountryRobT@aol.com ;

402.895.6146 ; www.country-kickers.com

Martial Arts Program

Lil Dragon Program

This is designed for 4-7 year olds.

Fri. 4:30-5:00 p.m. It is a developmental program designed to teach kids about balance, focus, self discipline, self control and self respect.

Youth Classes

Youth Class: Fri. 5:00 – 6:00 p.m

Mixed Youth/Adult: Wed. 6:30 - 8:00p.m. This class is geared toward youth ages 8-16 years old. .

Adult class: Fri. 6:00 –7:00 p.m.

Mixed Youth/Adult class: Wed. 6:30-8:00 p.m. This class is for the Beginner to the serious and combines all aspects of Martial Arts. Contact: James Rosenbach 402-721-7294 or 1-402-720-9775.

ATA TaeKwonDo

Ages 5 and up

M/Th Beginners (ages: 5+)

5:45 - 6:15 p.m.

Intermediate 6:30 - 7:10 p.m.

Advanced/Leadership

7:15 - 8:00 p.m.

Complete martial arts program offered by Kassabaum's ATA Black Belt Academy. Classes ongoing, beginners welcome. Register with Ryan: 305-9377

Youth Sports Specific Training Program-T7 program

By completing the 10 week program, each athlete should expect increases in: Vertical Jump, Speed, power, and agility, Balance and coordination, Athleticism, Flexibility, Injury prevention, Self Confidence.

Program information:

Who: 5th-8th grade athletes (male/female)

When: To Be Announced

Training days/times:

Mon./Thurs. 4-5 pm)

Testing:

Pre-test: TBD

Post-test: TBD

To Register or for more information contact:

Troy Watchorn at 402-350-5178 or t7fitness@gmail.com

Facility Hours

Mon.-Thurs. 9:00 a.m.-7:30 p.m.
Fri. 9:00 a.m.-6:00 p.m.
Sat 10:00 a.m.-6:00 p.m.
Sun. available for rentals

Health & Fitness

Programs

Adult Safewalk

FREE walking in the gym.
20 laps = 1 mile
M/W/F 9:00 -10:00 a.m.

Adult Gym \$3

Basketball

Wed. 12:00 – 2:00 p.m.
Fri 2:00 – 3:30 p.m.
Sat. 3:30 – 6:00 p.m.

Volleyball

Fri 4:00 – 6:00 p.m.
\$3 per person / punch cards
available at front desk & photo id

Youth & High School

Open Gym FREE

High School must have student id
Mon. 2:15 – 7:30 p.m.
T/W 2:15 – 5:15 p.m.
Thurs. 3:30 – 5:15 p.m.
Sat. 12:00 – 2:00 p.m.

Game Room FREE

Must have registration card
All ages welcome
Available when the center is open

Adult Weight Room \$3

\$3 drop-in or punch card
Punch cards \$25/20 or \$15/10
Mon.-Thurs. 9:00 a.m. – 7:30 p.m.
Fri. 9:00 a.m. – 6:00 p.m.
Sat. 10:00 a.m. – 6:00 p.m.

Tiny Tot Gym \$1 per adult

Ages 6 and under
Tues. 10:00 a.m. – 2:00 p.m.
Must be supervised by an adult at
all times.

Tiny Tot Winter Camp \$20

3 – 6 yrs old
12/19 – 12/21 9:00 – 11:30 a.m.
Games, activities, snack, songs,
and lots of fun!

Winter Camp \$20

7yrs – 12 yrs old
12/19 – 12/21 1:00 – 4:00 p.m.
Games, activities, snack, songs,
and lots of fun!

School's Out Field Trip \$15

Pizza & video game craze!
12/29 10:30 a.m. - 1:30 p.m.

Rec's Clubhouse FREE

Youth Program
Kids 6 yrs – 15 yrs
School's In: Mon. – Fri.
4:00 – 6:30 p.m.
Days when School's Out:
Mon. - Fri. 12:00 – 4:00 p.m.

Zumba!

\$6 drop-in or punch card
5/\$25 or 10/\$40
Wed. 5:30 –6:30 p.m. Wed.
Contact Tena Hahn 402-590-3674

Ladies Fitness Class

2 Day \$30 3 Day \$35
M/W/F 10:00 -11:00 a.m.
10/31-12/23 1/4-2/24
Contact Cindy Talbitzer at
290-5717

Fem Fitness \$30

T/Th 5:30 - 6:30p.m. 1/4-2/24
Contact Denise Smith 670-3915

Tae Kwon Do

Wed. 6:00 – 8:00 p.m.
Sat. 10:00 a.m.-12:00 p.m.
Contact Benjamin Conrad
215-8753

Turner Dance

M/W/S Times & prices vary
Contact Diane Turner 321-2299
turnerdance09@yahoo.com

Express Zumba

Turner Dance
Sat. 2:15 p.m.-3 p.m.
Contact Diane Turner 321-2299
turnerdance09@yahoo.com

Visual Arts Programs

Ceramics \$30

Tues 10:00 a.m.-2:00 p.m.
1/3 – 2/21
Contact Cindy Talbitzer 290-5717

Tiny Tot Classes

Basketball 101 \$15

3 – 6 yrs
Thurs. 10:00 – 11:00 a.m.
4 weeks 1/12 – 2/2
Register: 402-444-5216

Petite Picasso's \$15

2 – 6 yrs
Thurs 4:00 – 5:00 p.m.
4 weeks 1/12 – 2/2
Register: 402-444-5216

WILD Kids! \$15

3 – 6 yrs old
Fri. 10:30 – 11:15 a.m.
4 weeks 10/7 – 11/11
Register: 402-444-5216

Aquatic Adventures \$15

5 – 8 yrs old
Tues. 4:00 – 5:00 p.m.
4 weeks 1/10-1/31
Register: 402-444-5216

Tiny Tumblers \$15

3 – 7 yrs old
Thurs. 2:00 -3:00 p.m.
4 weeks 1/12-2/2
Register: 402-444-5216

Florence Community Center 2920 Bondesson Street 402-444-5216

Pre-School Programs

Kiddie Korner Pre-school

(State Licensed)

Fees: M/W/F: \$75/month

T/Th: \$60/month Tuition fee: \$25

M/W/F – Full

9:15a.m.- 12:00 p.m.

M/W/F 1:15 – 4:00 p.m.

T/Th 9:15 a.m.–12:00 p.m.

T/Th 1:15 – 4:00 p.m.

Contact 402-871-9473

Special Events

Florence Library Branch

Open House

Fri. 12/16 3:30 –4:30 p.m.

Refreshments will be provided

Florence Center Open House

Sat. 1/28 3:00 p.m. – 5:00 p.m.

Kid activities, bounce house,
games, raffles, and refreshments

Senior Programs

Senior Tai Chi FREE

M/Th 10:15 – 11:00 a.m.

Contact Amy/Carol 444-6333

Senior Group

\$3 donation for 60+

Mon.- Fri. 10:00 a.m. – 3:00 p.m.

Lunch served 12:00 p.m.

LUNCH: Must make reservation
one day in advance.

Contact Amy / Carol at 444-6333
or email at

seniorcenter@ci.omaha.ne.us

Mockingbird Hills Community Center

10242 Mockingbird Drive 402-444-6103

Health & Fitness

Programs

Youth Open Gym Free

Ages 6-17

Mon. – Fri. 3:00-5:00 p.m.

Sat. & Sun. 2:00-4:00 p.m.

High School students must bring
picture ID. Everyone must have
tennis shoes to use gym. Every
child ages 17 & under must have a
current information card on file.

Rec's Kids Clubhouse Free

Ages 6-15

Mon. – Thurs. 3:00 - 6:00 p.m.

Fri 3:00 - 5:00 p.m.

Activities for Youth after school,
must have a current registration
card on file.

Adult Safe Walking Free

M/T/W/F 8:00 - 11:00a.m.

Thurs. 8:00 - 10.00 a.m.

These hours are subject to change

Parent & Tot Open Gym

\$1 per adult

5 & under Thurs.

10:00 a.m. - 12:00 p.m.

(Child must be accompanied by
an adult)

Adult Open Basketball \$3

18 & over

M/T/W/F 11:00 a.m.-1:30 p.m.

Thurs. 12:00 - 1:00 p.m.

Sat./Sun. 11:30 a.m.-1:30 p.m.

Gym Cards

Adult 10 visits \$15

Adult 15 visits \$25

Youth Tae Kwon Do \$60

Ages 6-16 M/W 5:30-6:30 p.m.

Contact Wes Hall at 596-1051

to register.

Adult Tae Kwon Do \$60

Ages 17 & up

M/W 5:30-6:30 p.m

Contact Wes Hall at 596-1051 to

register.

ShinKendo /Samuri

Swordsmanship \$25

Ages: 13 & up

Thurs 6:30-8:30 p.m.

Call Tony Ferguson at 699-5024

Aikido \$45

Ages: 12 & up

M/T 7:00 - 9:00 p.m.

Sat. 1:30 -3:30 p.m.

Call Dan Hayes at 785-341-3378
to register

Petaks Taekwondo \$20

Ages 8 & up

Sun. 1:00 - 2:00 p.m.

Contact Tom Petak at 490-7211

Yiliquan Kung- Fu \$70

Ages 7 & Up

T/Th 7:00 - 8:30 p.m.

Contact Phillip Star at 637-1371

Let's Recreate on Thurs. Program!

Cost: \$3 per child per day

Ages K-6th grade

1:30-3 p.m.

Dates: 12/1, 12/8 & 12/15

1/5, 1/12, 1/19 & 1/26

2/2, 2/9, 2/16 & 2/25

Contact Pamela at 444-6103 for
more information

Birthday Party Package

Rental of Room

12:00-4:00p.m. \$31/hr

Open Swim

1:00- 4:00 p.m. \$1 per person

You must rent the room as a
birthday day party to get the open
Swim price.

Mockingbird Hills Community Center
10242 Mockingbird Drive 402-444-6103

Party Room/ Gym Rentals!

\$31 an hr for open hours

\$46 an hr for after hours

Please call Pamela at 444-6103 or 444-6105 for more information.

Special Events

Customer Appreciation Night \$2 per person or \$5 a family

Any ages. Fri. 2/17

6:30 -8:30 p.m.

Come to Mockingbird Hills and enjoy a night of swimming, Bounce Houses, snacks and prizes.

Valentine Party \$1

Ages: 6-12 yrs. Tues. 2/14

3:30-5:00 p.m.

Must pre-register for this event!

Public Swimming

Fees:

Adults (18 & over) \$3.75

Seniors (55 & up) \$3

Youth (3-17) \$3

Youth (2 & under) *Free with a paid Adult

T/Th 7:30 - 9:00 p.m.

Sat & Sun 1:00 - 4:00 p.m.

(Everyone must be in proper swim attire to be in pool area)

Tuesday Night Pool Special

Everyone \$2 7:30-9:00 p.m.

January Month Special

Thursday \$2 7:30-9:00 p.m.

Mother Day Swim

Free with a paid child admission

Sunday 12/4,12/11,12/18

Father Day Swim

Free with a paid child admission

Sunday 1/8,1/15,1/22 & 1/29

Winter Break Open Swim

Hours \$3

12/27 & 12/29

1:30 p.m. -3:30 p.m

Season Passes:

Good from 9/1 – 5/31 at all City of Omaha pools except Common Ground

Child: 3-17 yrs old \$75

Senior (55 & up) \$75

Adult: 18 & Over \$100

Household: \$175

(Max 2 adults & 4 children)

Each additional child is \$20

Pool Punch Cards

Daily Admission Tickets for all pools except Common Ground.

10 adult punches \$45

20 youth punches \$45

20 Senior (55+) punches \$45

Punch Cards Expire 12/31/11

Can purchase new punch cards in January

Adult Lap Swim \$3.75

Mon- Fri. 11:30 a.m. - 1:00 p.m.

Sat-Sun 12:00 - 1:00 p.m.

T/Th 7:30-9:00 p.m.

(one lane only)

Recreation Endurance Swim

Fee: \$3 per child

\$3.75 per adult

Session from 1/15 to 3/4

7:00 - 8:30 p.m.

Ages: 7 & up

Each individual must be able to swim 25 yards unassisted.

Please call Pamela at 444-6103 or 444-6105 for more details!

Pool Rentals Available!

\$170 for 2 hrs

(Includes Facility fee & Staff)

For more details please call

Pamela at 444-6103 or 444-6105.

Aquatic Programs

Adult Aqua Fit

Mockingbird Hills Pool uses a punch card system. A Punch Card is good for one individual. A Punch Card is good for the entire 8 week session at **Mockingbird**. A Punch Card is good for any class offered. If you forget your punch card you Must pay the drop in fee or get a punch from someone else in the class. Senior is 55 and older.

Adult (2 times a week) \$46

Adult (3 times a week) \$53

Senior (2 times a week) \$41

Senior (3 times a week) \$46

Drop-in \$5

Eight Week Session

Session #1 1/2 to 2/29

Aqua Fit Shallow Water only

M/W/F 8:30-9:30 a.m.

M/W/F 9:30-10:30 a.m.

T/Th 9:00-10:00 a.m.

M/W 6:30-7:30 p.m.

Aqua Fit Deep Water only

M/W/F 9:15-10:15a.m.

T/Th 6:30-7:30 p.m.

Adult Swim Lessons \$40

Sun. 10:45-11:30 a.m.

1/15 to 3/4

Must have 6 individuals in class!

Aquatic Programs

Private & Semi Private

Swim Lessons Available!

Private Fee:

\$60 per 1 hour/ per person

\$30 per ½ hour/ per person

1 student to 1 instructor

Semi Private Fee:

\$35 per person/ per 1 hour

\$20 per person/ per ½ hour

Must have 2-3 students to be eligible for this option.

Please call Pamela at

444-6103/6105

Mockingbird Hills Community Center
10242 Mockingbird Drive 402-444-6103

Aquatic Programs (cont.)

Learn to Swim

Registration **STARTS** 1/3
8:00 a.m.-9:00 p.m.

Eight classes for \$40

Session from 1/9-2/27

Mon. Evening Classes

5:30-6:15 p.m. Levels 2, 4

5:40-6:25 p.m. Levels 1, 3, 5

5:30-6:00 p.m.

Preschool, Adult/Infant/Tot

Session from 1/14 to 3/3

Sat. Morning Classes

Eight weeks

9:00-9:45 a.m. Levels 1, 3, 5

9:50-10:35 a.m. Levels 1, 2,

10:40-11:25 a.m. Levels 2, 3 & 4

10:40-11:10 a.m.

Adult Infant/Tot

11:15-11:45 a.m. Pre-school

Session from 1/15 to 3/4

Sun. Evening Classes

Eight weeks

5:30-6:15 p.m. Levels 1, 2, 3, 4

5:30-6:00 p.m. Pre-school

6:05-6:35 p.m. Pre-school

6:20-7:05 p.m.

Levels 1, 2, 3, 5/6

6:20-6:50 p.m. Adult Infant/Tot

Montclair Community Center 2304 South 135th Avenue 402- 444-4956

Facility Hours

Mon. - Thurs. 9:00 a.m.- 9:00 p.m.

Fri. 9:00 a.m.- 5:00 p.m.

Sat. 9:00 a.m. - 4:00 p.m.

Sun. 11:00 a.m. - 4:00 p.m.

Rentals

Party Room/ Gym Rentals

\$31 an hr. for open hours

\$46 an hr. for after hours

Contact Jessi at 402-444-4956

Open Gym

Youth 17 & under Free

18 & older \$3

Mon. - Fri. 3:00-5:00 p.m.

Everyone must have a card on file at the front desk to participate.

Open Game Room Free

All ages

Mon. - Fri. 3:00-5:00 p.m.

Everyone must have a card on file at the front desk to participate.

Health & Fitness

Programs

Lo-Impact Aerobics

\$36/6 weeks Drop in fee \$3.50

T/Th 9:00-10:00 a.m.

Join us for stretching, aerobics, and resistance band work. To register call Teri Roberts at 402-333-6052

Biggest Loser Bootcamp \$60

This bootcamp, often called "adult gym class", is taught by Marty Wolff from season 3 of NBC's Biggest Loser. It is designed for all ages and fitness levels with an emphasis on weight loss and accountability.

For more information go to www.realitywellnessinc.com or give Marty a call directly 402-889-9500. No need to wait accepting newcomers every session. Come join the fun.

Youth Karate \$35/8weeks

Ages 5 & up

Thurs. 6:15 - 8:00 p.m.

Contact Regina Peterson at 402-676-2276 to register.

Adult Karate \$35/8 weeks

Ages: 15 & up

Thurs. 8:00 - 9:00 p.m.

Contact Regina Peterson at 402-676-2276 to register.

Kendo \$20/ a month

10 & up Sat. 12:00 - 3:00 p.m.

The Way Of The Sword

Classes are ongoing. Contact Steve Sasaki at 402-968-0615 to register.

Tang Soo Do

\$20/a month

Ages: 7 & up Sat.

Beginners 10:30 -11:30 a.m.

Advanced 10:30 a.m.-12:00 p.m.

Contact: Bruce Finger 4th Degree at 847-421-2500 or

sbfinger@cox.net.

Youth/Adult Judo \$25/ 8 wks

5 & up Tues.

Beginning 6:30 -7:00p.m.

Intermediate 7:00- 8:00p.m.

Contact Bill Lockwood at william.lockwood@penfed.org

Omaha Fencing Club

Adult & Youth Classes

Beginning fee: \$40

Intermediate fee: \$50

Ages: 10 & up Fri. 6:30 - 7:30 p.m.

Must pre-register to attend.

For more information or to register e-mail your contact info to:

jaskew@omahafencingclub.org or call 402-936-0965.

Health & Fitness Programs (cont.)

Omaha Fencing Club

Open Fencing

Drop in fee \$5

Fri. 7:30 - 9:00 p.m.

For more information e-mail your contact info to:

jaskew@omahafencingclub.org

Mom & Tot Open Gym

\$1 per adult

Ages 5 & under

Wed. 10:00 a.m.- 12:00 p.m.

Sat. 9:00 – 10:00 a.m.

(Child MUST be accompanied by an adult) Once a month we'll have a special activity, price \$2.

Rec's Kids Club House

Ages: 6-15

Mon.- Thurs. 3:00 - 5:00 p.m.

Fri. 3:00 – 5:00 p.m.

We will have fun all week long after school making different crafts, playing games, and using our imagination.

Color Me Crafts

\$1 Drop in fee

Ages: 2 ½ - 5

Mon. 1/9 – 2/27

Come and have fun singing a songs, reading a story and enjoy a fun craft.

Walk For The Heart Free

Adults/Seniors

Mon.- Fri. 9:00 -10:00 a.m.

** Walkers might be sharing the gym with other fitness classes.

Cultural Arts Programs

Adair Dance Academy

\$135/ 12 weeks

Pre-Ballet Classes

Ages 3-5

Thurs. 10:15 – 11:00 a.m.

1/19 to 4/19

FREE Class on 1/12 10:15a.m. – 10:45 a.m.

To enroll or for more information

Call Adair Dance Academy at

402-551-4200, email

Adairdance@gmail.com

Or visit: www.Adairdance.com

Discover creative dance techniques and activities to enhance

coordination, balance, strength, flexibility, musicality, motor skills confidence and creativity all while having great fun! Suggested attire:

Comfortable, non-constricting

clothing. Leotards are encouraged.

No shoes are needed, bare feet are preferred.

Visual Arts Programs

Adult Ceramics \$25/month

Tues. 1:00 -3:00 p.m.

Contact Arnie Fischer at

402-339-7132 to register.

Education/General

Interest Programs

Mathercise

Ages: 5 & up Wed. & Sat

Classes are twice a week

(8 sessions/month)

Wed. 5:00 -7:00 p.m.

Sat. 2:00 – 4:00 p.m.

Year long program. Individual one-on-one math tutoring (grade 1 to college: Algebra, calculus, geometry, trigonometry, SAT/PSAT). Free diagnostic testing, flexible timings, & individualized programs. Contact Sangeeta at 402-214-9674 to register.

Senior Programs

Millard Senior Center

at Montclair Eastern

Nebraska Office on Aging site

Mon. - Fri. 9:00 a.m.- 2:00 p.m.

Rita (Coordinator) 402- 546-1270

Exercise, card games, bingo, parties and trips. Lunch served daily at 11:30 a.m. for a \$2.50 donation. Come and socialize, meet a lot of nice folks.

Tai Chi for Seniors

M/F 10:30 – 11:30 a.m.

Chair Volleyball Free

Tues. 10:00 – 11:00 a.m.

All ages welcome. Come join the fun and meet some very nice people.

Montclair Special Events

Game Room Free

Wizard Tournament

Tues. 1/3 1:00 - 3:00 p.m.

Wed 2/8 3:30 – 5:00p.m.

Prove your ping pong, air hockey, foosball and pool skills here

Mom N Tot Santa visits

Montclair \$1

Ages 5 & under 12/14

10:00 a.m.- 12:00 p.m.

Come visit Santa at Montclair.

Make fun holiday crafts and play with all the toys in the gym

Mom N Tot Sweetheart Day

\$1 Ages 5 & under 2/8

10:00 a.m.- 12:00 p.m.

Make fun crafts for that special someone and play fun games.

Coloring Day FREE

Fri. 12/30 All day

Come to Montclair and make art with us and play games.

Montclair Community Center 2304 South 135th Avenue 402- 444-4956

Knock Out Tournaments

FREE

Ages 6-15 2/22 3:30 – 4:30 p.m.
Show off all you amazing
basketball skills to all of your
friends at Montclair.

Day Camps

\$14 prior to event

\$20 day of event

Kindergarten – 5th grade

8:00 a.m. – 3:00 p.m.

12/22, 12/27, 12/29, 1/4, 1/16

2/9, 2/10 & 2/20

Kids are out of school, come spend
the day at Montclair. All day of
fun crafts, cool games, swimming
and exciting contest. Some day
camps we will be going on field
trips. Please call 402-444-4956 for
more information

Dodgeball Day Free

K- 8th grade 12/23

1:00 – 3:00p.m.

Come play the greatest game in the
gym Dodgeball.

Public Swimming

Fees:

Adults (18 & over) \$3.75

Seniors (55 & up) \$3

Youth (3-17) \$3

**Youth (2 & under) *Free with a
paid Adult**

M/W 7:00 - 9:00 p.m.

Sat/Sun 1:00 - 4:00 p.m.

(Everyone must be in proper
swim attire to be in pool area)

Winter Break Open swim

12/19 – 1/4 1:00 –

4:00p.m.

Wacky Wednesdays

Everyone \$2 7:00-9:00 p.m.

Season Passes:

Good from: 9/1 – 5/31 at all City
of Omaha pools except

Common Ground

Child: 3-17 yrs old \$75

Senior (55 & up) \$75

Adult: 18 & Over \$100

Household: \$175

(Max 2 adults & 4 children)

Each additional child is \$20

Pool Punch Cards \$45

10 adult or 20 youth/ senior
admissions.

Valid at Montclair and

Mockingbird Hills

Indoor facilities.

Expires 12/31/2011

Adult Lap Swim \$3.75

Mon. - Fri. Noon – 1:30 p.m.

M/W 7:00 – 9:00 p.m.

(one lane during open swim)

T/Th 7:45 – 8:45 p.m.

Sat. Noon – 1:00 p.m.

Sun. 11:30 a.m. – 1:00 p.m.

Pool Rentals Available!

\$170 for 2 hrs

(Includes Facility fee & staff)

For more details please call Jessi at
402-444-4956.

Aquatic Programs

Adult Aqua Fit

Shallow Water/ Deep Water

Eight week fees

Adult (2 times a week) \$46

Adult (3 times a week) \$53

Senior (2 times a week) \$41

Senior (3 times a week) \$46

Drop-in \$5

Eight Week Sessions:

Session #1 1/2 – 2/24

Session #2 2/27 – 4/20

Deep and Shallow:

M/W/F 7:45-8:45 a.m.

Shallow:

M/W/F 9:00 – 10:00a.m.

T/Th 7:45 – 8:45p.m.

Deep

T/TH8:30 – 9:30a.m.

Private & Semi Private Swim Lessons Available!

Private Fee:

\$60 per 1 hour/ per person

\$30 per ½ hour/ per person

1 student to 1 instructor

Semi Private Fee:

\$35 per person/ per 1 hour

\$20 per person/ per ½ hour

Must have 2-3 students to be
eligible for this option.

Please call Jessi at 402-444-4956

Learn to Swim

Registration **STARTS** 1/7

At 9:00 a.m.

Sundays: 1/15 – 3/4

Eight classes for \$40

Adult/Tot 4:30 – 5:00 p.m.

Pre-school 4:30 – 5:00 p.m.

Pre-school 5:05 – 5:35 p.m.

Levels 1, 2, 4 5:05 – 5:50 p.m.

Levels 1, 2, 3, 5/6 5:55 – 6:40 p.m.

Levels 1, 2, 3, 4 6:45 – 7:30 p.m.

Tuesdays: 1/17 – 3/6

Eight classes for \$40

Adult/Tot 5:30 – 6:00 p.m.

Pre-school 6:05 – 6:35 p.m.

Pre-school 6:40 – 7:10 p.m.

Levels 1, 2, 4 5:20 – 6:05 p.m.

Levels 1, 2, 3 6:10 – 6:55 p.m.

Levels 3, 4, 5/6 7:00 – 7:45 p.m.

Adult Beginners 6:30 – 7:30 p.m.

Thursdays: 1/19 – 3/8

Eight classes for \$40

Adult/Tot 5:30 – 6:00 p.m.

Pre-school 6:05 – 6:35 p.m.

Pre-school 6:40 – 7:10 p.m.

Levels 1, 2, 4 5:20 – 6:05 p.m.

Levels 1, 2, 3 6:10 – 6:55 p.m.

Levels 3, 4, 5/6 7:00 – 7:45 p.m.

Adult Beginners 6:30 – 7:30 p.m.

Continued on next page

Montclair Community Center 2304 South 135th Avenue 402- 444-4956

Learn to Swim (cont.)

Saturdays: 1/21 – 3/10

Eight classes for \$40

Adult/Tot 9:00 – 9:30 a.m.

Pre-school 9:35 – 10:05 a.m.

Pre-school 10:10 – 10:40 a.m.

Pre-school 10:45 – 11:15 a.m.

Levels 1, 2, 3 9:00 – 9:45 a.m.

Levels 3, 4, 5/6 9:50 – 10:35 a.m.

Levels 1, 2, 4, 10:40 – 11:25 a.m.

Levels 1, 3, 5/6

11:30 a.m. – 12:15 p.m.

Pipal Park Community Center 7770 Hascall St. 402-444-5140

Pipal Park Community Center will be closed 12/18 – 12/26.

Facility Hours

Mon.-Thurs.* 9:00 a.m.- 9:00 p.m.

Fri. 9:00 a.m.-5:00 p.m.

Sat.* 9:00 a.m. –12:00 p.m.

(afternoon/evening for rentals)

Sun. available for rentals

* Hours may vary in December.

Please call for more information

Rentals

Pipal Park Community Center has multi-purpose rooms available to rent for your party, class or meeting needs!

\$16/hr for open hours

\$31/hr for after hours

Please call Meg at 402-444-5140

for more info.

Rec's Kids Clubhouse

After School Program - FREE

Mon. – Thurs. 3:00-6:00 p.m.

Fri. 3:00 – 5:00 p.m.

Children ages 6-15 have the opportunity to hang out after school and play games, work on homework and socialize in a supervised environment.

Registration card must be completed by a parent to participate.

**NEW! School Day Out–
Winter Break**

Ages: 6– 12

Pre-register by Tues. 12/27:

\$4 per child/day

Day of Event: \$6 per child/day

10:00 a.m.– 4:00 p.m. on these dates:

Wed. 12/28 - Winter Wonderland

Thurs. 12/29 - Fun with Ice*

Fri. 12/30 - Ready for New Years!

Wed. 1/4 - Game Time*

Thurs. 1/5 - Fitness & Fun in 2012

Fri. 1/6 - We ♥ Snow!

Ice skating and bowling field trips on these 2 days.

For more info contact Pipal Park CC at 402-444-5140. *Spaces are limited so sign up soon!*

Special Events

**NEW! Parent/Tot Craft – Tis
the Season \$1/child**

Ages: 6 and under

Wed. 12/14 10:00-11:30 AM

Join us to make a fun holiday craft just in time for Christmas!

**NEW! Super Bowl Family
Fun - FREE!**

Sat. 2/4 10:00 – 11:30 a.m.

Get ready for the big game by testing your skills with game challenges. Feeling creative? Make a craft to cheer on your favorite team. RSVP to Pipal Park CC at 402-444-5140.

NEW! Parents Night Out

\$6/child Ages: 4-12

Fri. 2/10 6:00 - 9:00 p.m.

Must register by 2/9

Need a break? Have shopping to do? Drop off the kids for games, crafts, and more! Minimum of 6 kids registered. *Spaces are limited so sign up soon!*

**NEW! Parent/Tot Craft –
Lots of Love \$1/child**

Ages: 6 and under

Mon. 2/13 10:00-11:30 a.m.

Show them you love them with a cute Valentine's Day craft!

NEW! Mixed Media

Workshop for Beginners - \$4

Ages: 10+

Sat. 2/25 10:00 a.m. – 12:00 p.m.

A variety of mediums and techniques such as water color, pen and ink, and collage will be used to create unique pieces of art. We'll learn about the basic principles of design and students will be able to apply what they've learned towards their own compositions. Register by Fri. 2/24. Call Pipal Park CC at 402-444-5140 for more information.

**NEW! St. Patrick's Day Craft
\$1/person** Ages: 6+

Sat. 3/10 10:00 – 11:30 a.m.

Come and make a fun green craft and get ready for St. Patrick's Day! Call Pipal Park CC at 402-444-5140 for more information.

Health & Fitness Programs

NEW! Zumba & Zumba Gold 10 session punch card - \$40 Drop-in: \$6

Zumba - Mon. 6:45 – 7:45 p.m.
Zumba Gold –Wed. 6:45-7:45 p.m.
Contact Lan at 402-250-2116 or esave01@yahoo.com.

NEW! Dragon Storm Kenpo Karate First 3 months FREE!

Ages 8+ Wed. 6:00 – 8:00 p.m.
Contact David at 402-612-9298 or 402-517-6713 for more info.

Sport Karate Beginners

Ages 6+ \$40/month
Tues. 6:00-6:30 p.m.
Sat. 10:30-11:00 a.m.
Contact George at 402-630-7959 or george@sportkaratecenter.com for Intermediate/Advanced class info.

Tang Soo Do - Traditional Korean Martial Arts \$20/month

Ages 7+ Thurs.
Beginners 6:30-7:30 p.m.
Advanced 7:30-8:00 p.m.
Contact Bruce Finger, 4th Degree WTSDA, at 847-421-2500 or sbfinger@cox.net

Youth Programs

Create a Winter Wonderland! FREE! All ages

Decorate a beautiful snowflake to display at the center throughout the month of December. Prizes for the best looking snowflakes will be awarded in February.

NEW! Parents Time Out

Ages: 4-12
Pre-register: \$4/child
Day of event: \$8/child
Fri. 12/2 6:00 - 9:00 p.m.
Sat. 12/10 9:00AM – 12:00 p.m.
Need a break? Have shopping to do? Drop off the kids for games, crafts, and more! *Spaces are limited so sign up soon!*

NEW! Parent/Tot Open Play Adults - \$1 Kids are FREE!

Ages: 6 and under
M/W 10:00 – 11:30 a.m.
Come play and make new friends!
Child must be accompanied by and adult.

Pipal's Little People

Pre-school \$50/monthly
Ages: 3-5 T/Th 9:15 – 11:30 a.m.
Sept. 2011 - May 2012
New students are being accepted at any time.

Stretch-n-Grow - \$25/month*

Ages 3-6
Tues. 11:30 a.m. – 12:00 p.m.
Fun Fitness and Health classes for kids! High-energy activities highlight age appropriate gross motor skills, nutrition and health!
Contact Erin to enroll 402-541-2885. *Discounted rate available for children enrolled at Pipal's Preschool.

Art Classes

NEW! Hand-Built Coil Pots for Beginners Workshop- \$12

Ages: 7+
Sat. 10:00 a.m. – 12:00 p.m.
2 wk workshop: 1/14 and 1/21
Come and learn about the ancient technique of coil pots. You'll be able to design and make your own coil pot during this two session class all while learning the historical significance of the technique. Register by Fri. 1/13.
Call Pipal Park CC at 402-444-5140 for more information.

NEW! Introduction to Oil Painting \$48

Ages: 18+
Tues. 10:00 – 11:30 a.m.
6 wk. course: 1/10 – 2/14 with additional dates in the spring.

Learn the basic fundamentals of oil painting such as drawing, the wonderful world of mixing colors, color combinations and the color wheel. Students will also study the Old Masters beginning with Michelangelo. Contact Charlene at 402-933-8411 for more info.

NEW! Introduction to Hand-Built Ceramics

\$32 + \$10 material fee

Ages: 18+
Thurs. 10:00 – 11:30 a.m.
4 wk course: 1/12 – 2/2 with additional dates in the spring.

Learn to construct a pinch pot, a coil pot, slab dishes, and animal sculptures. Students will also begin to learn the history of hand-built pottery. Contact Charlene at 402-933-8411 for more info.

NEW! Introduction to Drawing \$48

Ages: 13+
Thurs. 6:30 – 8:00 p.m.
6 wk course: 1/12 – 2/16 with additional dates in the spring.

Learn the fundamentals of drawing easy exercises and shading techniques. Contact Charlene at 402-933-8411 for more info.

Senior Programs

Men's Bridge

M/W 1:00 p.m.
Call John at 402-391-7976 or Phil at 402-334-7465 for more info.

Bingo

Tues. 12:00 p.m.
Call Eileen at 402-658-5961 for more information.

Metro CC Arts Classes

To register for these classes contact Metro CC at 402-457-5231.

Jewelry Making:

Lost Wax Casting Style

\$106 + lab fees

Adults Mon. 6:30-9:00 p.m.

Winter Session: 12/5/11 – 2/20/12

Course #ARTS 0901 HN

Silversmithing-Beg./Inter.

\$109 + lab fee

Adults Wed. 6:30-9:00 p.m.

Winter Session: 1/4 – 2/22

Course #ARTC-104N01

Watercolor- Intermediate 50+

\$89 Mon. 1:00 – 3:00 p.m.

Winter Session: 1/9 – 3/5

Course #ARTC 217 N 70

Watercolor Plus Exploring the Fine Arts – Intermediate

\$89 Ages 50+

Tues. 1:00-3:00 p.m.

Winter Session: 1/3 – 2/21

Course # ARTC 216 N 70

Ceramics \$109 + firing fee

Ages 50+ Mon. 6:30-9:00 p.m.

Winter Session: 1/9 – 3/5

Course #ARTC 106N01

Ceramics \$109 + 5 firing fee

Ages 50+ Thurs. 1:00-3:30 p.m.

Winter Session: 1/5 – 2/23

Course #ARTC 106N02

Saddlebrook Community Center

14850 Laurel Avenue

402-932-1080

Hours of Operation

Mon.-Thurs. 8:00 a.m.-9:00 p.m.

Fri. 8:00 a.m.-7:00 p.m.

Sat. 9:00 a.m.-4:00 p.m.

Sun. Noon-7:00 p.m.

SBCC will be CLOSED

March 25th - March 31st

Facilities

Gymnasium

High school & under- Free with HS ID.

18 & up- \$3.00 drop in fee or punch from punch card

All patrons must have a registration card on file.

Track & Cardio Room

Fee: \$3.00 drop in or punch from a punch card

Must be in high school or older with a photo ID to use the track or cardio room. Strollers are allowed.

Gym Rentals are available for \$31 per hour. Contact Sara at 402.932.1080 for more information.

Birthday Party Packages are available! \$75 for a 2 hour party with a staff member. Bounce house available for an additional \$30. Contact Sara at 402.932.1080 for more information.

Health & Fitness

Programs

YOGA

Kids Yoga \$72 for 8wks

Thur. 4:00 p.m.

Begins 1/4

Toddler Yoga \$49 for 7wks

Mon. 1:30 p.m.

Begins 1/9

Men's Yoga \$96 for 8wks

Wed. 5:30 p.m.

Begins 1/4

Active Senior Yoga \$96 for 8wks

Thur. 4:40 p.m.

Begins 1/4

Active Yoga \$96 for 8wks

Mon. 7:00 -8:00 p.m.

Wed. 6:45-7:45 p.m.

Begins 1/4 and 1/9

Classes offered by Cynthia Gordon. Call 391-5406 or email cynthgordon@cox.net to register.

Zumba

M/W 6:30 - 7:30p.m.

\$8/class or punch cards: 5 for \$30, 10 for \$50, or 20 for \$80

If you have any questions, contact Sandy Navarrete at

sandyisanav@yahoo.com or call 402.321.3715

TAEKWONDO

6 week ongoing sessions plus one week of testing - \$99

Tues.

5 and Under 5:00 – 5:30 p.m.

5 and Under 5:30 – 6:00 p.m.

Kids 6+ 6:00 – 7:00 p.m.

Kids 6+ 7:00 – 8:00 p.m.

Adults 13+ 8:00 – 8:45 p.m.

For more info or to register contact

Mrs. Glassburner at 682-5425 or

glassburner@atakravmaga.com or

www.atakravmaga.com

Youth Programs

Turner Dance Classes

Ages:3-5 **\$28/month**
Mon. 6:00-6:30/6:30-7:00 p.m.
Sat. 9:30-10:00 a.m.

Ages:4-6 **\$30/month**
Sat. 10:00 - 10:45 a.m.

Ages:5-7 **\$30/month**
Mon. 7:00 -7:45 p.m.
Sat. 10:45-11:30 a.m.
2:00 -2:45 p.m.

Ages:6-8 **\$30/month**
Sat. 11:30 a.m. -12:15 p.m.

Ages:6-12 **\$32/month**
Sat. 1:00 – 2:00 p.m.

Ages:8-12 **\$32/month**
Mon. 5-6p.m.

Call Diane Turner at 321-2299 or email turnerdance09@yahoo.com for more information or to register.

Color Me Crafts

\$1 drop in fee
Ages: 2 ½ -5
Mon. 10:00 – 10:45 a.m.
Come and have fun singing a couple songs, reading a story and then enjoy doing a simple craft.
No class 1/2, 1/16, 2/20, 3/19, 3/26

Itty Bitty Classes

Ages 3-5
Session I – 4 weeks
1/8 – 2/6
*No class Mon, 1/16

M/W 11:00-11:45 a.m.
All Stars \$20
Mon. 1:00-1:45 p.m.
Boot Camp \$10
Tues. 1:00-1:45 p.m.
All Stars \$10
Thurs. 1:00-1:45 p.m.
Track and Field \$10
Fri. 9:00-9:45 a.m.
Basketball \$10

Itty Bitty Classes (cont.)

Session II – 4 weeks
2/12 – 3/13
*No class 2/20 or 2/21
Sun. 3:00-3:45 p.m.
All Stars \$10
Mon. 1:00-1:45 p.m.
Basketball \$10
T/Th 9:30-10:15 a.m.
All Stars \$20
Wed. 1:00-1:45 p.m.
T-Ball \$10
Fri. 9:00-9:45 a.m.
Active Fun \$10

Beginners Gymnastics

Ages: 3-5
Session I – 4 weeks
1/8 - 2/6
Sun. 3:00 - 3:45 p.m.
Gymnastics I \$10
T/Th 9:30 - 10:15 a.m.
Gymnastics I \$20
Wed. 1:00-1:45 p.m.
Gymnastics II \$10
Thurs. 11:00-11:45 a.m.
Gymnastics II \$10

Session II – 4 weeks
2/12 – 3/13
*No class 2/20 or 2/21

M/W 11:00-11:45 a.m.
Gymnastics I \$20
Tues. 1:00-1:45 p.m.
Gymnastics II \$10
Thurs. 11:00-11:45 a.m.
Gymnastics II \$10
Thurs. 1:00-1:45 p.m.
Gymnastics I \$10

Little Guys and Gals Gym

\$1 Drop in per Adult
Ages: 6 and Under
Tues. 10:30 a.m. - 12:00 p.m.
Fri. 10:00 a.m. - 12:00 p.m.

Wiggles and Giggles

\$10 / 4 wks
Ages: 1 to 4 years
Wed. 10:00 - 10:30 a.m.
Session I 1/11- 2/1
Session II 2/15 – 3/ 7

Bricks for Kids

Kids will learn about Math and Science using LEGOs.
Ages: 3-5 **\$20/4wks**
Wed. 10:00 -10:30 a.m.
Ongoing sessions starting in January.
Grades: K-2nd and 3rd-5th grades
\$40/4wks
Mon. 4:15-5:15 p.m.
Alternating Mondays beginning in January.
Check out
www.bricks4kidz.com for more information. If you have questions or want to register contact Bill at 968-5723 or email him at brance@bricks4kidz.com.

Soccer Tots \$88 / 8wks

Ages: 2-3 Sat. 9:00 -9:50 a.m.
Ages: 3-4 Sat. 10:00 -10:50 a.m.
Ages: 4-6 Sat. 11:00-11:50 a.m.
Classes begin 1/14
For more information, call 753.7779 or email omahasoccertots@gmail.com

Kinderball \$15/ 4wks

Ages: 5 - 7 year olds
Sun. 4:00 - 4:45 p.m. or
5:00-5:45 p.m. 1/8 – 1/29

Rec's Kids Clubhouse

FREE After School Fun!
Ages: 6-13
Mon.- Fri. 4:00 - 6:00 p.m.

Sports and Other Camps

Instructional Basketball

League \$20 / 4wks

1st-2nd Grade

Thurs. 6:00 – 7:00 p.m.

3rd-5th Grade

Thurs. 7:00 – 8:00 p.m.

2/16- 3/8

NEW! Track Stars \$15/4wks

K-2nd

Tues. 6:00 -6:45 p.m.

3rd-5th Grade

Tues. 6:45-7:30 p.m.

1/17- 2/7

Special Events

Winter Break Schedule

Fee: \$12 (unless otherwise noted)

Grades: K-6th

10:00 a.m.-3:00 p.m. (unless otherwise noted)

Bring a sack lunch.

Mon. 12/19 Baking Day (\$14)

Tues. 12/20 Hummel Nature Center Field Trip

Wed. 12/21 Craft Day (\$14)

Thurs. 12/22 Inflatables Day

Fri. 12/23 Totally Sports Day

Tues. 12/27 Awesome Games

Wed. 12/28 Wii Day

Thurs. 12/29 Swimming Trip*

10:00 a.m.- 4:00 p.m. (swim 1:30-3:30 p.m.)

Fri. 12/30 Sherlock Holmes Day

School's out: 1/16, 2/20, 2/21

Spring Break: 3/19-3/23

Santa Visits Saddlebrook

FREE Sat. 10:30 a.m. 12/3

Family Fun Day!

FREE for the whole family!

Mon. 12/26

11:00 a.m. Kickball

1:00 p.m. Dodgeball

Family Movie Night with

Saddlebrook Community

Center and Saddlebrook

Library FREE!!!

Thurs. 6:30 - 8:30 p.m. 12/22

Family Game Night

Hosted by Saddlebrook

Community Center, Saddlebrook

Library and Saddlebrook

Elementary School PTA

FREE!!!

Thurs. 6:00 - 8:00 p.m. 1/26

Hummel Park Nature

Center

Hummel Park now has a brand new Nature Center! Hummel Park Nature Center will now be offering programming year round including archery, pre-school age programs, family events, wilderness skills classes, and even birthday party packages!

Nature Nook – kickoff!

Fee: \$1.00 per child

Wed. 12/7 10:00 a.m.

Geared towards ages 3-5. This awesome drop in class will have a weekly theme that teaches kids about trees, leaves, flowers, wild edibles, and so much more! This class will explore the great outdoors in all four seasons!

Critter Corner – kickoff!

Fee: \$1.00 per child

Wed. 12/14 10:00 a.m.

Geared towards ages 3-5. This super fun drop in class will have a weekly theme that lets kids be creative and learn about insects, animals, and birds while listening to a story and doing a craft! Critter Corner will be a weekly drop in class on Wednesdays and Nature Nook will be a weekly drop in class on Thursdays beginning the week of 1/14.

Birthday Party Packages

Host a birthday party that everyone will remember! You provide the kids and cake and we provide the outdoor adventures! Pick three activities from the list below for your guests to experience during the party.

Archery, Fort Building, Dodgeball/Elimination, Compass Treasure Hunt, Nature Identification Hike, Fire Building/S'mores, Nature Craft, Outdoor Games, Water/Mud Activities (weather permitting), Hands-On Nature Center.

Max 25 kids

2 hour party \$100.00

2.5 hour party \$125.00

Includes three activities lead by two Hummel staff.

Check the website for updated information about family events and school age classes.

www.cityofomaha.org/parks

For more information or to book any rentals, contact Sara at 402.932.1080.

Facility Hours

M/T/Th 11:30 a.m.- 6:30 p.m.
W/F 3:30 - 6:30 p.m.

Rentals

Need a place to rent for a party
We have the place for you.
\$31.00 per hr +
\$100.00 damage deposit
(refundable)

Youth Programs

Rec's Kids Clubhouse

Mon.-Fri. 3:30-6:30 p.m.
Come check out the activities,
sports, games, crafts!
Activities programmed daily
Must have a current registration
card on file and photo id
on file

It's Your Birthday Month

Free

Thurs. 12/22 4:30-5:15 p.m.
Thurs. 1/19 4:30-5:15 p.m.
Thurs. 2/23 4:30-5:15 p.m.
It's Your Birthday Month is a
program for birthday celebrations!!
If it is your birthday month come
on down for cake and great
activities. All are welcome to help
celebrate our friend's birthdays!!

Kid's BINGO Day - FREE!

Tues. 12/6 4:30 -5:30 p.m.
Tues. 1/10 4:30 -5:30 p.m.
Tues. 2/14 4:30-5:30 p.m.
Come for BINGO fun & prizes!!

****NEW ****

Taekwondo/Karate

(Kicking Tigers)
M/Th 6:00-7:00 p.m.
Cost: \$30.00 2 days per week
\$15.00 1 day a week
For questions contact Wes Hall at
402-596-1051.

Baton Twirling Lessons!

Winter classes

Tues. evenings
New students 6:00 -6:30 p.m.
Cost: \$4.00 per ½ hour
Advance Class 6:30 -7:00 p.m.
Cost : \$4.00 per ½ Hour
Private Lessons:
Wed. 6:00 - 8:00 p.m.
Cost: \$12.00 per hour
Drop ins welcome!
Twirltastic Baton Twirling Studio
Girls and boys ages 5+ can join the
fun in performing. Try one or two
batons. Ribbons, Hoop or flags.
Prizes, awards, lots of fun. Enroll
now for Winter and private &
adult lessons also offered.
Contact: Melissa @ 402-238-7303
Twirltastic@live.com
www.twirltastic.com

Munchies with Joyce

Mon. 5:30 p.m. – 6:30 p.m.
12/19, 1/9, 2/20
A fun night making or baking
treats. Space is limited, sign up
early.

Dodge Ball Mondays

1st & 3rd Mondays
Cost: \$ FREE
Beginning 12/5
Ages: 6-8yrs 5:00-5:30p.m.
Ages: 9-12yrs 5:30 - 6:00p.m.
See Ally for details

Game Show Fridays

Ages: 6-12
2nd & 4th Fri. of every month
5:00 -6:00 p.m.
Come hang out for Funny Friday
Nights. Call Joyce at 444-5673.

Senior Programs

Bingo

M/T/Th 12:00 -2:00 p.m.
Like to make new friends and play
bingo? Come check out this
awesome group and hang out!

Potluck Day

Thurs. 12/20 11:00 a.m.
Bingo to Follow
Christmas Lunch at Sherman,
come and enjoy !

Valentines Pot Luck

Mon. 2/14 11:00a.m.
Bring your favorite dish to share

Special Events:

Christmas Party

Santa is coming to town...
Fri. 12/16 5:00-6:30p.m.
Game, snacks and lot of fun

Field Trip

Swimming, bring suit and towel
Cost: Free Thurs. 12/29
12:00-4:30p.m.
Sign up with Joyce space is limited

Dance Night with Ally

Wed. 1/11 5:30-6:30 p.m.
Want to leave some new moves or
come share your olds moves.

Winter Wonderland

Mon. 1/27 5:00-6:00 p.m.
Come hang out and do some fun
games. Questions call Tiffany at
444-5673.

Valentines Party

Cost: free
Mon. 2/14 5:30-6:15 p.m.

**Schools Out - Looking for
something fun to do ?**

Come play at Sherman
Center Hours
12/19 – 12/30 12:00-3:00 p.m.
Mon. 1/16 12:00-3:00 p.m.

Caring for All Pets

Vaccination for Cats & Dogs
Sat. 12/3 1:00- 4:00 p.m.
Sat. 2/11 1:00-4:00p.m.
Sat. 3/10 1:00-4:00p.m.
Call 402-444-5673 for more details

Motto McLean Ice Arena 5015 South 45th Street 402-444-4955

Public Skating

Public Skating is offered during the week and weekends.

Please find monthly schedules at www.cityofomaha.org/parks or call the rink at 402-444-4955.

Public Skating Fees (Oct-Apr)

Admission	\$4
Child (0-5 yrs)	FREE
Skate Rental	\$3
Skate Sharpening	\$5

Group Rate

For groups of 15 or more, \$5 per person, including skate rental.

Discount Public Skating Punch Card (no skates)

10 Visit Punch Card \$32

Discount Public Skating Punch Card (with skates)

10 Visit Punch Card \$56

Home School Discount:

Admission (all ages)	\$3
Skate Rental	\$2

This fee only applies to Public. Skating sessions Mon. - Fri.

11:00 a.m. and 3:00 p.m. on days when Omaha Public Schools have class.

Open Freestyle Sessions

\$7 per hour session

Open Freestyle Discount Punch Card: 10 sessions for \$56

These sessions are for figure skaters to practice their skills. Times are offered throughout the week.

Stick & Puck/ Drop-In Hockey Sessions

\$5 per session

Discount Punch Card: 10 sessions for \$40

These sessions are for hockey players to practice their skills. Helmets are required for everyone.

Facility Rental

Prime Ice: \$170/hour
Non-Prime Ice: \$125/hr
Does not include skate rental fee of \$2 per person.

Skating Parties

Party packages are available during public skating times at Motto McLean Ice Arena

Fee: \$90 for 10 people or less. \$9 for each additional person.
Party Packages include admission, skate rental, a party room for one hour, hot dog or pizza, popcorn, soda, and a cupcake for each person, and a discount skate pass for the Birthday person.

Call 444-4955 and book your party.

Youth & Adult Programs

Learn to Skate

To register call Andrea Williamson at 896-5747 or go to www.fscomaha.org

Learn to Skate

To register call Roxanne Tyler at 571-0779 or go to www.bladeandedge.org

Youth Hockey

For information go to www.omahahockey.com

MCHL Adult Hockey

For information go to www.omchl.com

Eastern Nebraska Office on Aging Senior Sites

These sites offer a variety of social, educational and recreational activities. They also provide health services and a daily lunch. Lunch reservations must be made by noon the preceding day. The suggested contribution for lunch is \$2.50.

Camelot Friendship Center

402-444-3091

Mon. - Fri. 9:30 a.m.-3:00 p.m.

Florence Community Center

402-444-6333

Mon.-Thurs. 10:00 a.m.-3:00 p.m.
Fri. 10:00 a.m.-4:00 p.m.

Montclair Community Center

402-546-1270

Mon. - Fri. 9:00 a.m.- 2:00 p.m.

Therapeutic Recreation & Inclusion Services

Therapeutic Recreation and Inclusion Services provides recreational and leisure activities for persons with disabilities. Day classes and evening classes are offered. For more information please call Pamela Perry at 444-6103.

You must register for each class! Space is limited so please sign up early.

Mockingbird Hills Center 10242 Mockingbird Drive

Low Impact Fitness \$9/month

Mon. 1/9 to 1/23
6:15 - 7:00 p.m.
Mon. 2/6 to 2/20
6:15 - 7:00 p.m.

Water Exercise

\$9 per month

Tues. 1/10 to 1/24
6:30-7:30 p.m.
Tues. 2/27 to 2/21
6:30-7:30 p.m.

A.V. Sorensen Center 4808 Cass Street

Weight Lifting \$9 per month

Thurs. 1/12 to 1/26
7:30-8:00 p.m.
Thurs. 2/9 to 2/23
7:30-8:00 p.m.

Special Events

Co-sponsored by the Ollie Webb Center

Wild & Crazy Overnight

Must pre-register & pre-pay only with Ollie Webb at 346-5220

Fri. 1/13 & 1/14 7:00 p.m. - 8:00 a.m.
Mockingbird Hills Center - 10242 Mockingbird Drive

Sweetheart Dance

Must pre-register with Ollie Webb at 346-5220

Sun. 2/5 7:00 - 9:00 p.m.
Gross Catholic High School 7700 S 43rd St

City Wide Sports Department 5015 South 45th St. 402-444-4955

Winter Adult Volleyball & Basketball

League play will start the week of January 15, 2012

Registration will start on 12/05/11 at 10:00 a.m. and end on 01/04/12 at 6:00 p.m. Late registrations will not be accepted. Volleyball \$210/team – Basketball \$355/team

Important Notes

Registration will only be taken two (2) ways. You may register your team in person at Motto McLean Ice Arena with cash, check, or credit card or over the phone with a credit card. We are no longer taking registrations via mail or fax.

Registration is on a first come first serve basis and you are not registered until you have paid the registration fee. No spots are reserved for returning teams.

Location for in person or over the phone registration:

Motto McLean Ice Arena
5015 South 45th Street
Omaha, NE 68117
(402) 444-4955

For more information visit
<http://www.cityofomaha.org/parks/recreation/city-wide-sports-department>

Winter Youth Basketball

\$30 per player, includes a game shirt

League play will start on 1/22
Registration will start on 11/07/11 at 10:00 a.m. and end on 01/06/12 at 6:00 p.m. Late registrations will not be accepted.

1st & 2nd Grade Division
3rd & 4th Grade Division
5th & 6th Grade Division

Important Notes

Games are played on Sun. afternoons at Montclair Community Center 2304 S 135th Ave.

For more information visit
<http://www.cityofomaha.org/parks/recreation/city-wide-sports-department>

Athletic Fields

The City of Omaha currently has over 210 Parks and Sports Fields. We maintain fields for softball, baseball, soccer, football, rugby, cricket, and lacrosse.

For information please visit
<http://www.cityofomaha.org/parks/recreation/city-wide-sports-department>

continued on the next page

Ultimate Baseball Academy

Kelly & Seymour Softball
Complexes

4225 S. 121st Plz.
Omaha, NE 68137
(402) 935-1822
<http://www.ubanebraska.com>

Nebraska State Soccer

Association

Soccer Fields

10700 Sapp Brothers Drive
Suite B
Omaha, NE 68138
(402) 596-1616
www.nebraskastatesoccer.org

Tennis 402-493-0420

Metro Omaha Tennis Alliance

Join the growing number of individuals who are finding the sport of Tennis to be a lifetime leisure activity.

For only \$15/year an adult (youth \$10) can become a member of the Omaha Tennis Association and be in the partnership known as the Metro Omaha Tennis Alliance (MOTA). This partnership between the City of Omaha and the OTA provides every OTA member, a bi-monthly newsletter with all the local tennis league and tournament information, discounts on entry fees and so much more.

If you are a beginner or an advanced player, MOTA has a program for you. For info about membership, tournaments or leagues go on-line at OTA@omahatennis.com or OTA@omahatennis.org or call 402-680-6303.

Hanscom/Brandeis Indoor Tennis Center

3220 Ed. Creighton Ave.
402-932-2027

\$16 per court hour/non prime
\$20 per court hour/prime time
\$14 per court hour/jr./sr. non-prime time

Season of Operation: 9/26– 4/22

Mon. – Fri. 9:00 a.m. – 10:00 p.m.
Sat. – Sun. 8:00 a.m. – 8:00 p.m.

Facility Includes: 8 indoor hard courts, Lounge area with court side view, Vending machines, Lockers/Showers.

Private or group lessons with

USPTA Professional

Call 402-346-5401

Leagues – singles or doubles –

Call 402-680-6303

Tournaments – Call 402-932-2027

Koch Tennis Center at Tranquility Park

12440 West Maple Road
402- 493-0420

\$6 per court hour

Closed 9/26 to 4/22

Facility Includes:

27 outdoor hard courts

4 Quickstart courts

Clubhouse/ Lockers/ Showers

Central lounge, vending

machines, patio & cook-out

Canopied benches between courts

6 courts oversized for Grand

Slam standards

National, Sectional, District

leagues & High School

tournaments

Private or group lessons with

USPTA Professional

Call 402-346-5401

Leagues – singles or doubles –

Call 402-680-6303

Tournaments – Call 402-493-0420

Programs:

Team tennis Drill leagues

NJTL Learn to Play

YMCA Programs

Novice Satellite Tournaments